



# WINS For Life

## Youth Basketball Coaching Clinics



**WINS For Life** provides a variety of educational services and motivational events for adults and students. Professional development workshops, staff training, and team building seminars are hosted for teachers, child care providers, and other professionals. Students gain multiple benefits, life lessons and fun learning experiences via participation in the WINS For Life after school programs, school events and summer camps.

**WINS For Life Basketball** assists players (of all ages) and coaches. Among the many events and services are: the WINS For Life All Stars AAU program, after school programs, youth clinics, summer basketball camps, 3 on 3 tournaments, Fall League, coaching clinics, team consultation, individual instruction and guest speakers.

**Presenter:** David Vasquenza is owner of WINS For Life. He is a guest speaker and clinician at the Basketball Hall of Fame. From 1996-2000, Coach Vasquenza assisted Worcester State College to much success and the best four-year record in the 62-year history of the Men's Basketball program. The Lancers earned the only regular season MASCAC Championship in school history (1999-2000) and two ECAC berths (1998, 2000). From 1994-96, Coach Vasquenza led his Connecticut Starters AAU teams to three consecutive State Championships.

**Benefits:** We provide youth coaches with a balanced platform to develop winning students & successful teams. The clinic features a structured classroom component and a power-packed gym session. This includes teaching techniques, drill demonstrations, practice structure/management, and methods for team & player development.

**Each participant receives the WINS For Life Resource Coaching Booklet, clinic outline and practice plan.**

**Clinic Content:** WINS For Life clinics are fun, interactive, and very informative. They are designed for coaches working with students of all ages. Participants gain knowledge on many valuable topics, including philosophy, strategy, practice planning, leadership, quality interactions (parents, students, officials), implementing fun with hard work, motivating student-athletes, X's & O's, skill development, and a variety of outstanding drills & games.

**Setting:** Standard clinic time is 2.5-hours. Longer clinic times are available. A basketball court with two hoops is required. The ideal classroom setting includes tables & chairs for participants to sit comfortably and take notes.

**Rates:** Discount, Group rates, and individual rates are available. Minimum: 10 coaches.

### Testimonials for David Vasquenza and WINS For Life Basketball

"I recommend WINS For Life as the leading choice for all youth basketball activities and AAU. Since 2012 I have worked with Coach Vasquenza and the WINS For Life coaches. They are a hard-working, knowledgeable, experienced group of leaders and teachers. They cultivate positive relationships and develop successful students. They have strong character and teach with purpose and enthusiasm. The achievements of their teams and players are connected to the fundamentals and skills acquired at their advanced practices. The result is success on and off the court". - *Seth Greenberg, ESPN.*

WINS For Life is an organized and well run program. Coach Vasquenza is personally involved in every aspect of WINS For Life and goes to great lengths to provide a first class experience for every participant. I have a great appreciation for Coach Vasquenza's perspective and approach. He understands that is all about creating a positive environment for kids to learn and grow. I would recommend WINS For Life for anyone looking for a quality basketball experience. - *Anthony Latina, Head Men's Basketball Coach, Sacred Heart University.*

David Vasquenza will be an asset to your program. He is a delight to work with. I have watched students with talent, but underdeveloped in confidence, become individuals with self esteem and self belief under David's guidance and mentorship. He motivates people, leading them to perform and achieve at high levels of success. David is fueled by his strong work ethic and enthusiastic nature; he is energetic, compassionate, and optimistic. His contributions will be significant. - *Jack Thaw, Ph.D., Director, Center for Occupational Health (Glastonbury, CT)*

WINS For Life provided excellent instruction, extremely useful information, and tons of basketball drills (including life lessons) to utilize. The clinic was well organized with great suggestions for drills, practice structure, time management, communication and creating a positive atmosphere. The classroom and on the court presentations were very helpful and detailed. Great job! - *Canton Youth Basketball Association (CT)*

WINS For Life hosted the best coaching clinic that I have ever attended! This includes a coaching clinic hosted by a famous high school coach who is inducted in the Basketball Hall of Fame. I found the WINS For Life coaching clinic to be much more helpful. It included very practical advice and many beneficial, innovative basketball drills. The materials and resources were great. - *B. Ward, Wilton Travel Basketball (CT.)*

With respect to coaching basketball, I learned more in two-hours of David's clinic than I learned in my whole life. I was very impressed with David's knowledge of the game and his personal drive towards helping others. He gave me ample amounts of information to help develop better practices. WINS For Life offers a solid program. Thanks for the great clinic! - *Jeff Mortimer, Haddam-Killingworth, CT.*

The best clinic I ever been involved with. I've attended many clinics for a variety of sports. This was the most informative. - *S. Santerre, Thompson, CT.*

Everything was very helpful. A good mix of coaching philosophy and drills. Examples of what to say and what to do during drills was very helpful. I can't say enough about how well the drill session was done! - *B. Cunningham, Wilbraham, Ma*

**WINS For Life: David Vasquenza** phone: (860) 645-1934 fax: (860) 643-5172 email: [wins4life@cox.net](mailto:wins4life@cox.net) web: [www.wins4life.com](http://www.wins4life.com)